



DR PANAHPOUR
THE SYSTEMIC DENTIST

Seattle Natural Awakenings Writes about Dental Cultures for Healthy Hearts Screening

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The [February 2018 issue of Natural Awakenings magazine Seattle](#) covers Systemic Dentist's free monthly Dental Cultures for Healthy Hearts screenings.

Systemic Dentist Offers Free Dental Screenings

Dr. Panahpour of Systemic Dentist has announced Dental Cultures for Healthy Hearts, a free monthly community screening to check for the bacteria present in both heart and gum disease. Patients will be able to view the live bacteria swimming in their teeth and learn if they are the same kinds of bacteria that are also present in patients suffering from heart disease.



“Scientists and the medical community agree the same bacteria are present in both heart disease and gum disease,” Dr. Panahpour explains. “Since heart disease is the number one killer worldwide, wouldn’t it be a great idea if we had a way to talk about heart disease regularly, before some of the more grave symptoms appeared?”

Dr. Panahpour, considered by many to be a leader in holistic, systemic dentistry, is also the author of *The Good Dentist*. His goal is to show that dentists can be a more integrated part of every person’s overall medical care team, and that heart disease conversations can happen as conveniently as a six month teeth cleaning.

Dental Cultures for Healthy Hearts appointments will be offered the last Tuesday of every month from 10 a.m.-12 p.m. Systemic Dentist, 14205 SE 36th Street #365, Bellevue. Free. Appointment required. Info@SystemicDentist.com or 888-338-6336.